

What to expect during the EGD

Your EGD will take about an hour. We will store your dentures and eyeglasses and give you a patient gown to wear. We will start an intravenous (IV) in your arm or hand. We will monitor your blood pressure, pulse and oxygen levels during the procedure. You will lie on your left side and put a small plastic mouthpiece between your teeth to hold your mouth open.

The doctor may spray the back of your throat with medicine to numb it. The doctor will give you sedation. They will insert the endoscope very gently into your mouth and down your esophagus. You can still breathe normally. The doctor may put some air into the scope to see better. This air can make your stomach feel bloated or swollen.

The doctor can use instruments through the endoscope to treat bleeding, take biopsies, and remove polyps. If your esophagus is narrowed, the doctor can stretch it through the endoscope.

After the EGD

We monitor you for about an hour after your EGD. Your throat may be a little sore. You may feel bloated. Your friend or family member will need to pick you up in the GI Clinic and go home with you. They should stay with you for a few hours to make sure everything is OK. Do not drive or go to work for the rest of the day. If you have severe pain, nausea, vomiting, fever, or difficulty swallowing you should go to the nearest Emergency.

Results

Your doctor or nurse will talk to you about the results of your test before you go home. If we take a biopsy during your EGD, we will analyze it in about two weeks. If the biopsy is not normal, we will call you to make an appointment to talk about the results.

Questions

If you have any questions, please talk to your family doctor or your specialist.

Patient Information - GI Clinic



What is EGD?

Esophagogastroduodenoscopy

(ee-saw-fa-go-gastro-duo-den-os-copy)

Definition

Esophagogastroduodenoscopy or EGD is also called "upper endoscopy" or "gastroscopy". This procedure is done by a gastroenterologist, a doctor with specialized education about the stomach and intestinal tract.

This material has been reviewed and approved by patients, families and staff.

